

Personal Pollution: Toxicity in the home and workplace and how to manage it

References

- Ashley DL, Blount BC, Singer PC, Depaz E, Wilkes C, Gordon S, Lyu C, Masters J. Changes in blood trihalomethane concentrations resulting from differences in water quality and water use activities. *Arch Environ Occup Health*. 2005 Feb;60(1):7–15. PMID: 16961003
- Bull RJ, Birnbaum LS, Cantor KP, Rose JB, Butterworth BE, Pegram R, Tuomisto J. Water chlorination: essential process or cancer hazard? *Fundam Appl Toxicol Off J Soc Toxicol*. 1995 Dec;28(2):155–166. PMID: 8835225
- Carson R. *Silent Spring*. Reprinted. London: Penguin; 1962.
- Davis DL. *Disconnect: the truth about cell phone radiation, what the industry is doing to hide it, and how to protect your family*. 2013.
- Diamanti-Kandarakis E, Bourguignon J-P, Giudice LC, Hauser R, Prins GS, Soto AM, Zoeller RT, Gore AC. Endocrine-Disrupting Chemicals: An Endocrine Society Scientific Statement. *Endocr Rev*. 2009 Jun;30(4):293–342. PMC2726844
- Hugo ER, Brandebourg TD, Woo JG, Loftus J, Alexander JW, Ben-Jonathan N. Bisphenol A at Environmentally Relevant Doses Inhibits Adiponectin Release from Human Adipose Tissue Explants and Adipocytes. *Environ Health Perspect*. 2008 Dec;116(12):1642–1647. PMC2599757
- Levine H, Jørgensen N, Martino-Andrade A, Mendiola J, Weksler-Derri D, Mindlis I, Pinotti R, Swan SH. Temporal trends in sperm count: a systematic review and meta-regression analysis. *Hum Reprod Update*. 2017 Nov 1;23(6):646–659.
- Lisle DJ, Goldhamer A. *The Pleasure Trap: Mastering the Hidden Force that Undermines Health and Happiness*. Summertown, Tenn: Healthy Living Publications; 2006.
- Myhill S. *Sustainable Medicine: Whistle-blowing on 21st-Century Medical Practice*. White River Junction, Vermont: Chelsea Green Publishing; 2018.
- Rezg R, El-Fazaa S, Gharbi N, Mornagui B. Bisphenol A and human chronic diseases: Current evidences, possible mechanisms, and future perspectives. *Environ Int*. 2014 Mar;64:83–90.
- Tomljenovic L. Aluminum and Alzheimer's disease: after a century of controversy, is there a plausible link? *J Alzheimers Dis JAD*. 2011;23(4):567–598. PMID: 21157018
- Vandenberg LN, Colborn T, Hayes TB, Heindel JJ, Jacobs DR, Lee D-H, Shioda T, Soto AM, vom Saal FS, Welshons WV, Zoeller RT, Myers JP. Hormones and endocrine-disrupting chemicals: low-dose effects and nonmonotonic dose responses. *Endocr Rev*. 2012 Jun;33(3):378–455. PMC3365860
- Walker M. *Why We Sleep: The New Science of Sleep and Dreams*. paperback edition. London: Penguin Books; 2018.
- World Commission on the Ethics of Scientific Knowledge and Technology. *The Precautionary Principle*. Paris: UNESCO; 2005.